

Anti-Racism Health and Health Care Resources

Racial justice and Health equity

1. Let's Talk: Racism and Health Equity:
[https://nccdh.ca/images/uploads/comments/Lets Talk Racism and health equity EN web.pdf](https://nccdh.ca/images/uploads/comments/Lets_Talk_Racism_and_health_equity_EN_web.pdf)
2. Social determinants and inequities in health for Black Canadians: A Snapshot:
<https://www.canada.ca/en/public-health/services/health-promotion/population-health/what-determines-health/social-determinants-inequities-black-canadians-snapshot.html>
3. The Routledge International Handbook of Race, Culture and Mental Health:
[https://www.google.ca/books/edition/The Routledge International Handbook of Race Culture and Mental Health/DwAAQBAJ?hl=en&gbpv=0](https://www.google.ca/books/edition/The_Routledge_International_Handbook_of_Race_Culture_and_Mental_Health/DwAAQBAJ?hl=en&gbpv=0)
4. Journal article: <https://www.cmaj.ca/content/193/3/E99>
5. Journal article : <https://www.cmaj.ca/content/193/3/E101>
6. Journal article : <https://www.cmaj.ca/content/193/2/E55>
7. Journal article :
<https://www.frontiersin.org/articles/10.3389/fsoc.2019.00043/full>
8. Journal article : <https://reproductive-health-journal.biomedcentral.com/articles/10.1186/s12978-021-01117-8>
9. Don't Call Me Resilient Podcast EP5: <https://theconversation.com/black-health-matters-dont-call-me-resilient-ep-5-transcript-156090>
10. 5 ways to address internalized white supremacy and its impact on health:
<https://theconversation.com/5-ways-to-address-internalized-white-supremacy-and-its-impact-on-health-152667>
11. Equal is not equitable: moral distress in health care:
<https://healthydebate.ca/2021/05/topic/moral-distress-in-health-care/>

12. Tackling racism in health care: <https://healthydebate.ca/2021/04/topic/racism-in-health-care/>
13. 'Painful and difficult': A BIPOC woman's journey in medicine: <https://healthydebate.ca/2021/03/topic/painful-difficult-journey/>
14. Rethinking race in health care: <https://healthydebate.ca/2020/12/topic/medical-institutions-systemic-racism/>
15. Protests paving the way for racial justice in health care: <https://healthydebate.ca/2020/08/topic/racial-justice-in-health-care/>
16. Black, Indigenous mothers say they were sterilized without full consent at Quebec hospitals: <https://www.cbc.ca/news/canada/montreal/quebec-hospital-sterilization-1.6188269>

Racism in Covid-19

1. "More Exposed And Less Protected" In Canada: Systemic Racism And COVID-19: https://www.vawlearningnetwork.ca/our-work/backgrounders/more_exposed_and_less_protected_in_canada_systemic_racism_and_covid19/
2. Ethnic and racial disparities in COVID-19-related deaths: counting the trees, hiding the forest: <https://gh.bmj.com/content/5/6/e002913>
3. Race-based health data urgently needed during the coronavirus pandemic : <https://theconversation.com/race-based-health-data-urgently-needed-during-the-coronavirus-pandemic-136822>
4. Data linking race and health predicts new COVID-19 hotspots : <https://theconversation.com/data-linking-race-and-health-predicts-new-covid-19-hotspots-138579>
5. Inquiry into coronavirus nursing home deaths needs to include discussion of workers and race : <https://theconversation.com/inquiry-into-coronavirus-nursing-home-deaths-needs-to-include-discussion-of-workers-and-race-139017>
6. Coronavirus discriminates against Black lives through surveillance, policing and the absence of health data: <https://theconversation.com/coronavirus-discriminates-against-black-lives-through-surveillance-policing-and-the-absence-of-health-data-135906>
7. 'Already it was hard. Now, it's become impossible': Pandemic highlights barriers to healthcare for migrant workers: <https://healthydebate.ca/2021/01/topic/healthcare-migrant-workers/>

8. Vaccine messaging must address grim history of race-based experiments:
<https://healthydebate.ca/2020/12/topic/vaccine-messaging-race-experiments/>

Systematic racism

1. How to deal with the pain of racism — and become a better advocate: Don't Call Me Resilient EP 2: <https://theconversation.com/how-to-deal-with-the-pain-of-racism-and-become-a-better-advocate-dont-call-me-resilient-ep-2-transcript-151652>
2. 4 ways white people can be accountable for addressing anti-Black racism at universities: <https://theconversation.com/4-ways-white-people-can-be-accountable-for-addressing-anti-black-racism-at-universities-164983>
3. 6 ways to approach urban green spaces in the push for racial justice and health equity : <https://theconversation.com/6-ways-to-approach-urban-green-spaces-in-the-push-for-racial-justice-and-health-equity-160227>
4. Census 2021: Canadians are talking about race. But the census hasn't caught up. : <https://theconversation.com/census-2021-canadians-are-talking-about-race-but-the-census-hasnt-caught-up-158343>
5. What it takes to record a Black person's death: <https://theconversation.com/what-it-takes-to-record-a-black-persons-death-140045>
6. Asian Heritage Month: Gold ribbons show hope and solidarity amid anti-Asian violence : <https://theconversation.com/asian-heritage-month-gold-ribbons-show-hope-and-solidarity-amid-anti-asian-violence-157664>
7. Addressing systemic racism in healthcare: <https://healthydebate.ca/2020/06/topic/systemic-racism-in-healthcare/>
8. Navigating systemic racism in Canadian healthcare: <https://healthydebate.ca/2020/07/topic/navigating-systemic-racism/>

Environmental racism

1. There's Something in the Water: Environmental Racism in Indigenous and Black Communities:
https://www.google.ca/books/edition/There_s_Something_in_the_Water/NHw5swEACAAJ?hl=en

2. Ingrid Waldron on systemic environmental racism in Canada:
<https://soundcloud.com/freecityradio/47-ingrid-waldron-on-systemic-environmental-racism-in-canada>
3. The movement to address environmental racism is growing. This bill could provide the data it needs: <https://www.cbc.ca/news/science/environmental-racism-bill-c-230-1.5954082>
4. There's something in the water: meet four women combating environmental racism in Nova Scotia: <https://nbmediacoop.org/2020/05/25/theres-something-in-the-water-meet-four-women-combating-environmental-racism-in-nova-scotia/>
5. Environmental racism: New study investigates whether Nova Scotia dump boosted cancer rates in nearby Black community :
<https://theconversation.com/environmental-racism-new-study-investigates-whether-nova-scotia-dump-boosted-cancer-rates-in-nearby-black-community-162839>
6. Bill C-230 marks an important first step in addressing environmental racism in Canada : <https://theconversation.com/bill-c-230-marks-an-important-first-step-in-addressing-environmental-racism-in-canada-158686>